

Welcome to

Lent

with Compassion

I'm ready to learn more about what matters to God.

NAME:

This Lent, journey with us as we discover what's on God's heart and how we can all be champions, fighting injustice.

Can you find somewhere to display this poster where you'll see it every day? Each week there's a new topic to explore with some fun activities and things to do.

Week 1

God's heart for the poor

Did you know the Bible mentions poverty over 2,000 times? This shows us it's really important to God.

This week, let's think about how we can grow our heart for the poor.

Read: Isaiah 1:17

Think about: What does being poor mean?

Do: Build and decorate a box from our template.

Over Lent write ways you can show kindness and keep them in your box.

Pray: Ask God to show you more of His love for the poor so that you can love other people more.

Feeling thankful

There is power in a thankful heart, it brings joy and positivity. This week let's be thankful for all the good things we've received from God.

Read: 1 Chronicles 16:34

Think about: This week can you find one person each day you're grateful for?

Do: Make a card or write a thank you note for one or all of the people you thought about.

Pray: Dear Jesus, thank you for giving me

.....
.....
Help me remember all the blessings in my life.
Amen

Lending to the Lord

We've learnt that God loves the poor. They are so important to Him the Bible tells us when we give to the poor, it's like we are giving back to God.

Read: Proverbs 19:17

Think about: The ways you have seen generosity displayed in your family.

Do: Words of encouragement are one of the ways we can give. If you sponsor a child why not send them a message or draw them a picture.

Pray: Dear God, please show my family and me how we can help people in need in our community. Amen

Seeking justice

God talks many times throughout the Bible about how unfair it is that some people are in poverty.

This week let's explore how Jesus acted fairly to those around him. Can you follow his example?

Read: Psalm 140:12

Think about: How do we know what's right and what's wrong?

Do: Design your own superhero to fight poverty! Think about what they will wear and what their super power would be.

Pray: Thank God that He is a good and fair judge. Ask for help for you to be champions, defending those in need.

Gifts and talents

God has given us each gifts and talents to make a positive difference to other people.

As we go through this week let's look out for opportunities to make a difference to those in need.

Read: Matthew 25:14-28

Think about: What unique and special gifts has God given you? How can you use them to make a positive difference?

Do: Draw a picture of yourself and around the page write your talents.

Pray: Dear God, please help me to make a positive difference over the next week so through my actions I can display your love and make others smile when they might be feeling sad. Amen.

Week 4

Speaking up

God has given us a powerful way to help others, be bold and show kindness. This week let's think about how we can speak up for others around us.

Read: Proverbs 31:8-9

Think about: Can you think of people around you who speak up for others? How could you use your voice?

Do: Make a megaphone out of paper and write Proverbs 31:8-9 on it to remind you to speak up.

Pray: Heavenly father, give me wisdom to know when to stay silent and when to use my words to defend someone from harm or show kindness. Amen.

Week 5

Week 7

Loving others

Loving other people can be really hard. It's easy to love people when they are kind to us. But what about those people who aren't? God showed us the most amazing love by sending His Son to die and defeat death, coming back to life, to save us from our sins. Because of Him, we can be friends with God.

Read: 1 Corinthians 13:1-7

Think about: Using the verse above, make two lists, one of things that love is and one of things that love isn't. How can you treat people more with the list of things that love is?

Do: Make your own kindness coupons and give them to friends and family as presents. Write different ways you can show kindness and compassion to your friends and family.

Pray: Ask God for His help to love others when we find it hard, either at home or at school.